

## NKF Early Detection & Prevention Saves Lives Program

### @ Blood Pressure

Your blood pressure level is measured to indicate your risk factor for stroke, heart and kidney diseases.

### @ Blood Glucose

Your blood sugar level is checked to indicate your risk for diabetes.

### @ Blood Cholesterol

Your blood cholesterol level is checked to indicate your risk for heart and blood vessel diseases.

### @ Urine Test

Your urine is tested for glucose, protein and blood to screen for diabetes or kidney diseases.

### @ Body Mass Index/ Waist Circumference

Your body mass index and waist circumference are calculated and measured to assess your risk for cardiovascular and other related diseases.

### @ Counseling

Speak to our trained counsellors and find out how you can reduce your risk for diabetes, heart and kidney diseases.

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### REPLY RETURN FORM

Any bookings for the NKF LifeCheck on a first come first serve basis have to be made 2 to 4 weeks in advance to facilitate arrangements. Thank you for your kind co-operation.

**Please fill in and fax to 03-79588215 or email to [edu@nkf.org.my](mailto:edu@nkf.org.my).**

**Yes, we are interested to book the NKF LifeCheck Mobile Health Screening Services. Please attend to us.**

**Proposed Date/ Time** : \_\_\_\_\_

**Proposed No. of Days** : \_\_\_\_\_

**Name of Contact Person:** \_\_\_\_\_

**Name of Organization** : \_\_\_\_\_

**Address** : \_\_\_\_\_

**Postcode** : \_\_\_\_\_

**Telephone** : \_\_\_\_\_ **Fax:** \_\_\_\_\_

**Email** : \_\_\_\_\_

***Please take note that booking for NKF LifeCheck applies to organization with at least 60 staff / members or for event with at least 60 participants only.***