

## **NKF-Berjaya Resource Centre**

The NKF-Berjaya Resource Centre is now open for the benefit of members of the public including kidney disease patients and their family members.

The operating hours for the Resource Centre is from 9am to 5pm including lunch time, from Monday to Friday, not including public holidays and weekends.

Among the many facilities, an internet surfing area, a reading corner as well as an audio-visual cum counselling room. The following educational materials are made available:

- NKF highlights, a journey of 40 years of history
- Books and VCDs related to kidney diseases, diabetes, high blood pressure, obesity, nutrition and diet
- Health magazines
- Pamphlets related to kidney diseases, diabetes, high blood pressure, cholesterol control and healthy dietary guidelines (except diabetes) and organ donation

The Resource Centre will also provide the following services:-

- Counselling for kidney disease patients who face psychological, social and emotional problems (by appointment only)
- Dietary counseling (by appointment only)
- Periodical health talks, seminars and workshops etc

We encourage kidney disease patients and their family members to make full use of the NKF-Berjaya Resource Centre and its facilities as well as services provided.

Thank you.

Public Education Department